


[ABOUT US](#)
[CATEGORIES](#)
[LEADERS SPEAK](#)
[OPINIONS](#)
[FUND THE PROJECT](#)
[CSR GALLERY](#)
[MEMBER](#)

[HOME](#) › [CATEGORIES](#) › [ENVIRONMENT](#) › [BUSTING MYTHS ABOUT THE ENVIRONMENT](#)
[ENVIRONMENT](#) [OPINIONS](#)

Busting Myths about the Environment

By Supriya Patil, Environmental Expert, Grow Trees - April 9, 2022



Climate change is slowly but steadily destroying our world, and its repercussions have been looming over us for several years, jeopardizing a healthy and safe life on Earth. Sustainable living has long been touted as a guaranteed method to avert the consequences of climate change. However, it is frequently dismissed as a fad. It's no secret anymore that environmentally friendly habits must be necessarily adopted to reduce our impact on Earth and safeguard future generations.

With the abundance of information on environmental challenges and solutions available, debunking a few myths will help all of us realize the true nature of our environment, demonstrating how a harmonious coexistence between man and the environment is what we need to leave behind for our children.

Recycling is the solution to all environmental problems

Recycling is a crucial part of addressing today's environmental issues, but it isn't the only one, and it isn't a remedy for environmental degradation. A greener and healthier planet necessitate less consumption or consumption that is more conscious. Everything we eat or buy has an environmental impact. So, let us be cautious in our choices.

An individual's initiative will not make a difference

One person has more power to impact change than we know. If each of us believes that our actions will have no significant impact on the health of our environment, we will cause inconceivable harm not only to humankind but also to our biodiversity. Every person's activities and decisions have an impact on the environment. All of our everyday activities and decisions should be guided by this notion.

Wildlife extinction is not directly linked with me

Deforestation, habitat fragmentation, and pollution are all problems caused by excessive human activity, and many of our plant and animal species have become extinct as a result. To maintain nature's equilibrium, we must safeguard our country's diverse fauna. The habitat of the tiger is shared by thousands of other species. We save all of these species by taking actions to save the tiger.

Hundreds of rivers, which we rely on for irrigation and drinking water, originate in tiger-protected forests. The presence of tigers prompts the government to establish tiger reserves. By preserving tigers and other animals, rivers that originate in forests will be preserved as well. We must save our wildlife and forests for ourselves, in addition to the ecology and planet.

You cannot contribute to afforestation initiatives sitting at home

While planting trees alone will not address all of our environmental issues, it is unquestionably one of the most promising approaches to restore ecological balance and devastated ecosystems. Our planet's deteriorating health demands an urgent need for large-scale planting efforts. As a result, Grow-Trees.com and a number of other organizations have initiated plantation programs that allow individuals and corporations to contribute to forest restoration from the comfort of their own homes.

Sustainable living is expensive

Green living or sustainability may appear to be a costly alternative due to the high quality of products designed to last longer and cause no harm to the environment. High-quality products, on the other hand, endure longer, which is excellent for both the environment and your wallet!

Shopping locally or secondhand can also help you make the switch to green living while saving money.

It's impossible to avoid disposable plastic

We've grown to assume that no substitute can match the affordability and convenience of plastics. However, finding alternatives to common items like plastic bottles and containers or plastic packaging has become relatively easier today. Plastic pollution can be greatly reduced by stocking up on reusable items or moving to eco-friendly alternatives such as stainless steel, glass, bamboo, and hemp. As more of us seek non-plastic solutions, the amount of plastic produced and discarded will continue to drop.

While many of us believe that just planting trees will solve climate change, biodiversity loss, and even food security, we must keep in mind that the environment is made up of various components. Each habit we change contributes to a more holistic improvement of our environment. Before we can change our behavior and lifestyle, we must first induce a shift in mindset and dispel environmental myths. Only when we make our planet a part of our daily lives when we care for it as much as we do for our families and children, will it heal.

Views of the author are personal and do not necessarily represent the website's views.



Supriya holds a Master's in Environment Science from the University of Mumbai and has a post-graduate diploma in 'Urban Environmental Management' from WWF-National Law University, Delhi. She is passionate about current issues of environmental governance and aims to achieve sustainable solutions to the numerous social challenges. At Grow-Trees.com, she is helping corporates to mobilize the resources for adopting the triple bottom line in the businesses by developing various social impact-driven projects. In her free time, she likes to visit various sanctuaries in India, travels to unexplored places, and spend time with her pets.